## Italy Adventure Retreat

## Challenge your limits and change your life!

Rooted in the philosophy that life's answers reveal themselves through adventure, this unforgettable week combines the thrill of exploring the magnificent coastal towns of Liguria while discovering the power of your story through life coaching.





Oh the places we will go... embrace a new adventure everyday.



The retreat is hosted at the <u>Villa Pagoda</u>, a beautifully restored 200 year-old villa on the Ligurian Sea in Nervi, Italy. This 17 room, secluded refuge is a perfect place for luxurious Italian adventure. The hotel has its own private walkway down to the Anita Garibaldi promenade which runs along the rocky shore.