



Teams 4 Significance

The Power of Teams

WORKSHOP



A **Team 4 Significance (TS)** is a group of passionately committed leaders and employees who hold themselves accountable for achieving team success at the highest level. These leaders and employees efficiently weave two seemingly clashing ideas; one of individual achievement and the other of personal sacrifice for the greater good, into a mosaic of teamwork and synergy that results in optimal team performance.

OVERVIEW	Carlette Patterson present a 2-day, 10-hour workshop for your leadership staff.
FINAL SCORE	Your leadership staff gains invaluable strategies, tactics, and skills to help their department take the next step for attaining competitive greatness.
WHAT IS COMPETITIVE GREATNESS?	Competitive greatness is the ability to be at your best when your best is needed. It is derived from the top block of The Pyramid of Success developed by legendary basketball coach John Wooden. The individual blocks in Coach Wooden's Pyramid consist of personal qualities necessary for achieving success. Competitive greatness cannot be attained without integrating the mind, body, and spirit and the core fundamentals of truth, faith, and love.
ENHANCE TEAM GREATNESS	<p>3D Coaching has the Prescription to Enhance Team Greatness</p> <p>Based on years of researching legendary coaches and championship teams, 3D Coaching has developed signature programs for employees, leaders and teams that enhance competitive greatness. This strategic model includes sports life coaching tools designed to assist individuals and teams create unique winning strategies for championship performances, personally and professionally. 3D Coaching recognizes that truth, faith, and love are essential ingredients for creating competitive greatness. Its methodology is simplified by using a process called "The Power of 3." This concept dictates that a person should limit his or her attention to no more than three tasks or goals at a time. 3D Coaching focus on fundamentals and skills that clearly define what is important and help employees, leaders and teams overcome the performance barriers that prevent competitive greatness.</p>
OBJECTIVES	<p>The 3D Coaching workshop will help senior leaders:</p> <ul style="list-style-type: none"> - Define themselves both as a person and as a leader. - Identify their instinctive strengths using the Kolbe System and provide strategies on how to use their strengths to enhance competitive greatness. - Put their natural skills into action for effective coaching. - Create a powerful purpose and compelling vision using the "team of teams" concept. - Establish the foundation for teamwork and team cohesion. - Introduce life-changing skills and drills to create indestructible bonds among their team members. - Identify and discuss performance barriers that prevent their teams from attaining competitive greatness. - Prescribe strategies and tactics to overcome each performance barrier. - Empower team members to maximize their strengths. - Discover the competitive greatness of their team members.



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3D Teams 4 Significance (TS) Workshop

Presented by Patterson Sports Ventures

For more information contact **Carlette Patterson** at **602.361.4555** or
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WORKSHOP	TIME	The 3D Teams 4 Significance Workshop is divided into 4 quarters and an overtime period.
1ST QUARTER	2 HOURS	<ul style="list-style-type: none"> - Examining yourself as a person and as a leader - Understanding your natural strengths based on the results from the Kolbe System - Using your natural skills to become a great coach
2ND QUARTER	2 HOURS	<ul style="list-style-type: none"> - Defining competitive greatness - Identifying and overcoming performance barriers - Seeing for miles, miles, and miles (vision)
3RD QUARTER	2 HOURS	<ul style="list-style-type: none"> - Cracking the core value code - Transforming words into actions - Creating a team covenant that defines a team's culture
4TH QUARTER	2 HOURS	<ul style="list-style-type: none"> - Building Team Cohesion - Instilling Team Commitment - Creating Team Spirit
OVERTIME	2 HOURS	<ul style="list-style-type: none"> - Summary - Lessons learned - Leadership Teams present their action plan
COACH	CARLETTE PATTERSON	<ul style="list-style-type: none"> - CEO of Patterson Sports Ventures, Inc. - Official Sports Life Coach for the Arizona State University Women's Basketball, Golf Teams and the United States Military Academy Women's Soccer Team . - Developed Sports Life Coaching courses designed to train retired professional athletes and coaches to become Sports Life Coaches. - Clients include professional sports teams, coaches and athletes in the U.S., New Zealand and additional international clients. - Developer of the Character Code Game, a life skills and character building game that combines the fundamentals of sports and life for children ages 8-12. - International Motivational Speaker. - Carlette received her Life Coaching training from Martha Beck; Psychology Today, USA Today, and NPR have all referred to Martha Beck as "one of the best-known life coaches in America. - Certified one-on-one provider for HeartMath. - Certified Kolbe coach.